



P.E



Intent | Implementation | Impact

Curriculum Intent

At Owslebury Primary School, our **intent** is to: recognise the importance that PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education.

Learning in Physical Education is underpinned by the statutory requirements of the National Curriculum and the Early Years Foundation Stage and delivered through our ethos values. From our curriculum, pupils will become physically educated through experiencing a range of activity areas that:

- Build confidence to take part in physical activity
- Develop competence in a range of physical skills
- Values the unique potential of every individual and celebrates creativity
- Create resilient learners who strive to be the best that they can be (no matter what the journey/knock backs)
- Enable a nurturing environment where children are confident to collaborate and make positive contributions
- Teach the importance of respect and how to value each other as individuals
- Foster an excitement for learning so that pupils lead active, healthy lives

At our school, Physical Education is designed to provide all pupils with a broad, ambitious and inclusive curriculum that develops physical competence, confidence and a lifelong love of physical activity.

Physical Education is delivered through *Get Set 4 PE* to ensure a broad, ambitious and coherently sequenced curriculum that enables all pupils to develop physical competence, confidence and a lifelong engagement with physical activity.

Through *Get Set 4 PE*, we aim to:

- Develop secure **fundamental movement skills** in EYFS and KS1 as the foundation for sport-specific learning in KS2.
- Build progressively on prior knowledge, ensuring pupils develop increasing control, coordination, tactical awareness and physical fitness.
- Promote **physical literacy**, enabling pupils to move safely, efficiently and confidently in a range of contexts.
- Ensure inclusivity so that every pupil, regardless of starting point or need, can access, enjoy and succeed in PE.
- Foster personal qualities including resilience, teamwork, respect, leadership and sportsmanship.
- Support pupils' physical and mental wellbeing.
- Provide opportunities for competitive sport and healthy active lifestyles.

Curriculum Implementation

In line with the National Curriculum for PE, pupils at Owslebury Primary School are taught to:

- use, and adapt, planning from *Get Set for P.E* and resources to ensure lessons across different years show progression.
- Classes follow the PE long term planning to ensure pupils participate in a broad and balanced curriculum.
- Children take part in swimming lessons in Year 3 and Year 4 and there is also a catch up programme for children who need more support in order to reach the attainment KS2 targets.
- Children take part in residential trips in KS2 to help build confidence and resilience.
- Outdoor learning is an important part of our curriculum and teachers build in outdoor learning into the wider curriculum as well as part of the outdoor and adventurous activities sessions in PE. We have Forest school at Owslebury Primary School and each child spends half a term each year following the Forest School curriculum.
- Sports day is held annually and is an inclusive event for all children to take part in.
- We work closely with our School Games Organiser (SGO) to take part in local competitions for both KS1 and KS2.
- We have an early morning club which provides wraparound care for children and encourages physical activity before school.
- Daily physical activity is an important part of the school day and teachers work with their classes to encourage children to meet the national target of being active for 30 minutes a day in school. We have an early morning running club each day, where children are encouraged, along with parents, to run the Golden Mile. Children are also encouraged to be active at break and lunchtimes by the lunchtime supervisors and the Sports Organising Council (SOC).
- Year 6 children are Peer Mentors who organise active break and lunchtime activities.
- There are a range of After school clubs for children to take part in, including football, gymnastics, dance and tag rugby.
- In UKS2 the children have the opportunity to take part in a week of cycle training programme, Bikeability.

Our PE curriculum is implemented through:

1. A Structured and Progressive Curriculum that revisits and builds on prior learning.
2. High-Quality Teaching
3. Inclusive Practice
4. Assessment and Progression
5. Enrichment and Wider Opportunities

Key strands include:

- Fundamental movement skills
- Dance
- Gymnastics
- Games (invasion, net and wall, striking and fielding)
- Athletics
- Outdoor Adventurous Activities (OAA)
- Swimming (where applicable)

At Owslebury Primary School we also strive to provide:

- Intra- and inter-school competitions.
- After-school sports clubs.
- Leadership opportunities such as sports captains and playground leaders.
- Promotion of active play and healthy lifestyles across the school day.

Curriculum Impact

At Owslebury Primary School, our pupils will:

- *develop the confidence and independence to move in a range of ways so they are successful to take part in physical tasks and activities.*
- *become resilient learners. They will have the skills and expertise to ensure that they persevere no matter what the journey or knock backs. They will strive to be the best can be.*
- *be curious learners who celebrate the uniqueness of each and every one of us and have the courage to follow a range of different possibilities.*
- *co-operate with each other and collaborate in a nurturing environment and will have the confidence to participate and make contributions while respecting the ideas and opinions of others.*
- *develop a love of being active. They will understand the importance of health and fitness and will lead healthy, active, lives.*
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